IMPORTANT INFORMATION FOR ALL OUR TI-TREE PATIENTS

FLU VACCINATION TIME IS HERE AGAIN

Ti-Tree Family Doctors strongly recommend that all members of your household be vaccinated against the flu.

OTHER IMMUNISATION NEWS

- We now offer a full **Travel Vaccine Clinic** at Ti-Tree Family Doctors. If you are planning any overseas travel, you should ideally make an appointment with your Doctor six weeks before your date of departure to discuss your travel immunisation needs and allow enough time to be fully covered. Most travel vaccines are stocked here at the surgery.
- Whooping cough (Pertussis) is still prevalent in the community due to the waning immunity in older adults. To reduce the severe impact of this disease, it is advised that all adults have a Pertussis booster. This is especially advised for anyone planning pregnancy, new parents, new grandparents and anyone working with new babies, as newborn babies are at a higher risk of catching the disease. (This vaccine also contains a Tetanus booster.)

The Pertussis/Tetanus vaccination can be given at the same time as the flu vaccine – total cost 60.00

- The National Immunisation Schedule recommends that anyone who is around **50 years** of age should have a Tetanus booster, if they have not done so in the last 10 years. (This vaccine for this age group, is provided free, however if you choose to have the Pertussis/Tetanus booster combined, there is a fee as outlined above.)
- Measles is on the increase again if you do not have a record of having had two measles vaccinations in the past, then please discuss this with your Doctor at your next visit.

FLU IMMUNISATION CLINICS 2014

SATURDAY 15th, 22nd and 29th MARCH, 2014

SATURDAY 5th APRIL, 2014

9.00AM – 12.00 Noon - NO APPOINTMENT REQUIRED

IF YOU ARE UNABLE TO ATTEND ONE OF OUR FLU IMMUNISATION CLINICS,

PLEASE RING THE SURGERY FOR AN ALTERNATIVE APPOINTMENT TIME

If you have any questions about vaccinations, please do not hesitate to contact any member of our medical staff.

FLU IMMUNISATIONS - 2014

This vaccine is recommended for everyone 65 years or older and for anyone with a chronic illness.

It is also recommended for people working in essential community services and for people who are at high risk of either catching the flu or passing it on to others. This particularly includes workers in schools, child care centres and the health industry, Aboriginal and Torres Strait Islanders and anyone with a chronic illness.

The strains included in the vaccine this year are A/California/7/2009 (H1N1) – like virus, A/Texas/50/2012 (H3N2) – like virus and B/Massachusetts/02/2012 - like virus.

Flu clinics are a convenient and efficient way to be immunized. Again this year we will be conducting four flu immunisation clinics (times over the page). An appointment is not necessary for a flu clinic, but please present yourself to reception at the front desk to let them know you are here. One of our qualified nurses will administer the vaccine. You will be required to wait 15 minutes after the vaccination to observe for any side-effects. If possible, please wear short sleeves or loose fitting clothing.

If you are unable to attend a flu immunisation clinic, then an appointment to see a nurse will be required. Please ring the surgery to organise this.

There will be a fee of **\$25.00**, which includes both the vaccine and the administration of it, (**\$20.00 for pensioners**). As there has been a change in Government funding, there is no longer a Medicare rebate applicable to this service.

If the vaccine is given on the same day as a Doctor's consultation, the fee will be **\$15.00** (**\$10.00 for pensioners**).

Pneumovax is a vaccine against 23 strains of common bacterial forms of pneumonia. For those requiring a pneumonia vaccination, this may be given at the same time, but in a different arm. The pneumonia vaccination is recommended for all age groups with a chronic disease and for anyone over 65. For anyone under 65 requiring a pneumonia vaccination, a prescription from the Doctor will be required.

WORKPLACE IMMUNISATIONS

Are you an employer? Would you like to immunise your staff against the flu? Immunising your workforce can dramatically reduce illness and maintain productivity. Costing for this is \$30.00 per person, which includes both the vaccine plus the administration.

Please contact the surgery and ask to speak to one of our nursing staff, as we are able to immunise your employees at your workplace.